

Community Champion Role Description

Title:	Name of Role
Overall purpose of role	To spread health and wellbeing messaging to residents and organisations in Hillingdon.
Outline of service	The community champions program aims to empower the community to take steps to improve their health and wellbeing. These volunteers will be trained to have conversations around several health and wellbeing issues including COVID-19 messaging and other messaging included but not limited to mental health, diabetes and asthma.
Personal qualities and experience	No previous experience is needed. Confident individuals who have good contacts within Hillingdon are encouraged to apply but this is not necessary.
A commitment to the role	Volunteering for this role is quite flexible, no fixed amount of time per week is required but volunteers will need to attend or catch up via our recordings for our monthly training and log their volunteering on a regular basis. We expect volunteers to be spreading health and wellbeing messaging at least once a month. These messages can be delivered virtually, or face to face.
What can you expect from volunteering at H4ALL	This role provides initial accredited training with possible opportunities for two more accredited trainings. Regular follow-up trainings for you to improve your knowledge around health and wellbeing. An opportunity to empower your community to improve their health and wellbeing.
Still interested?	Please contact volunteerhub@h4all.org.uk and enquire about volunteering as a community champion.