Hillingdon Wellbeing Service

Wellbeing Support Assistant

**Person specification**

|  |
| --- |
| **Education/qualifications** |
|  | **Essential criteria** | **Desirable criteria** |
| 1 | No essential qualification required | A qualification or training in health or social care |
| **Experience** |
|  | **Essential criteria** | **Desirable criteria** |
| 2 | Paid or voluntary work supporting clients in a health or social care setting | Managing caseload of clients with complex health and social care needs |
| 3 | Working with a range of partners across health, statutory and Third Sector agencies | Support planning and one-to-one support of people with health and social care needs |
| **Knowledge and understanding** |
|  | **Essential criteria** | **Desirable criteria** |
| 4 | An understanding of social prescribing and the value of non-clinical services to support people with health and social care needs | Familiarity with working in multi-disciplinary teams in a holistic and person-centred way |
| 5 | An understanding of the needs of people with a long-term illness or disability and the impact this has on their health and wellbeing | An understanding of the emotional and mental health implications of living with long-term health conditions |
| 6 | An understanding of the factors that contribute to social isolation and loneliness in people and how these might impact their health and wellbeing |  |
| 7 | Knowledge and understanding of the principles of safeguarding vulnerable adults | Knowledge of the principles of managing risk in a health and social care context |
| 8 |  | Knowledge of the voluntary sector, services and facilities in the London Borough of Hillingdon |
| **Skills and abilities** |
|  | **Essential criteria** | **Desirable criteria** |
| 9 | Strong communication skills and ability to communicate with a wide range of stakeholders | Coaching and mentoring techniques and/or motivational interviewing |
| 10 | A strong team player but able to work alone and self-motivate as required | Familiarity with Charitylog and online shared working tools such as SharePoint |
| 11 | An ability to adopt an analytical and methodical approach to problem solving | Needs assessment of people with health and social care needs |
| 12 |  | Working as part of a ‘dispersed’ or ‘virtual’ team |